

EVERY  
2 WEEKS

# FEMINA

**OLD CONDOM,  
MISSED PILL**

Is contraception  
getting you in trouble?

**WOMEN  
FIGHT BACK**

**'A PUNCH  
TO HIS NOSE  
WORKED'**

**WANT A FAB  
DISCOUNT?  
LOG ON!**

MOVE OVER, DUBAI  
**Bangkok's  
cooler, cheaper  
and on sale!**

**SACK YOUR  
INSTRUCTOR!**

**WORKOUTS  
WE'RE LOVING**

Inside: Winners of the  
Duniya Se Tareef Paaye contest



Believe

**"CRICKET  
IS SO  
BORING!"**

SQUASH CHAMP  
DIPIKA PALLIKAL



# 21

**HABITS  
OF THE  
HIGHLY  
HAPPY**

**COPY-PASTE  
FOR BEST RESULTS**