

I am 28 and met with a serious accident when I was five, which left me with defects in my buttock and thigh region. Can this problem be sorted through surgery?

Rashmi, Dehradun

It seems that there may be loss of volume as well as visible scars. In the absence of pictures, my suggestions for treatment include butt augmentation using a variety of methods including implants, fat grafting and/or rotational flaps. You would definitely require some amount of scar revision. Treatment options depend on the extent of scars, loss of tissue and shape of the normal side. If possible, come in person, or send pictures of the areas of concern on the provided mail address.

DR MOHAN THOMAS, MD (USA), FACS (USA), leading cosmetic surgeon, visiting scholar Mt Sinai Hospital (New York) and consultant, Breach Candy Hospital, The Cosmetic Surgery Institute, Mumbai, answers your queries related to cosmetic surgery. Send in your queries to femina@wmm.co.in



I have a cleft nose deformity by birth, as a result of which my nose and upper lip are not in proper shape. I have undergone many operations since childhood but have not received the desired result. I am 33 years old. Please guide me.

Deepali, Surat

It is not unusual for people with such a problem to have the need for multiple surgeries. The results are quite predictable and will please you so long as your expectations are realistic. As surgeons, we strive to get the best results possible. Some telltale signs might remain, which will fade over a period of time. A good cosmetic surgeon who has experience in nose surgeries should be able to address your concern. Kindly go and meet him in person, so that you and the doctor understand your needs and expectations, and then decide on a treatment.

After a severe nose injury when I was young, my nose became very thick from both sides, especially on the left side. I want my nose to be thinner and sharper. I have undergone a rhinoplasty to improve it, but I want my nose to look shapely like David Beckham's.

Suraj Dalvi, Mumbai

Even in the best of cases, symmetry is

hard to attain in a nose, and certainly becomes harder with a history of trauma, as is in your case. The thickness of your nose is probably due to scar tissue. Please send me pictures of the face taken from the front and of a profile view with a CT scan of the paranasal sinuses. The fact that you have undergone a rhinoplasty and are not happy with it shows that it is extremely important that you get a good clinical examination, in person, and a personal interview with your doctor, to ascertain your wishes. While we can use David Beckham's nose as a guide for your cosmetic needs, we cannot replicate it due to differences in anatomic presentation.

My problem is that my face is not symmetric. I had gone for orthodontic correction for which I wore braces for more than two years, and my teeth are now properly aligned. But now, I think I need lower jaw surgery and chin reduction to get rid of the facial asymmetry. How should I go about it?

Jenifer Dubashish, Goa

Slight asymmetry of the face is normal, and if your teeth are now properly lined up, then the asymmetry might be at a skeletal level. It is quite possible that additional facial surgery or rhinoplasty may be indicated as per your suggestion. Since most ethical surgeons practise evidence-based surgery, please forward photographs of your face in various profiles including worm's view, along with facial X-rays and dental models. You can also take an appointment and meet me in person at my clinic, so that we can speak at length about the options available. ●