

For smooth, silky skin...

...all you need is laser! **Debarati S Sen** gives you a lowdown on laser hair reduction



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PRETTY SMOOTH: Many women are opting for laser hair reduction

Summers are perfect for those sexy shorts, sleeveless shirts, tees and tiny skirts, but this also means that you need to have smooth, flawless and hairless skin. You wouldn't want to wear your favourite outfits otherwise, would you?

TIME TAKEN

UPPER LIP: around one or two minutes*

UNDER ARMS: around 10 minutes or more*

FULL HANDS: around 20 minutes or more*

FULL LEGS: around 25 minutes or more*

*Time taken per session. Every part of the body requires at least six or more such sessions. The time required for each depends on many factors and varies from one individual to the other.

WHY LASER?

There are many techniques for hair removal — shaving, waxing, epilating and using hair removal creams. All these methods have their drawbacks and none of these methods are a permanent solution to your hairy problems. Some are painful, some lead to rashes, some darken your skin

'INTERESTINGLY, NOW WE HAVE HAIRY MEN COMING IN FOR LASER HAIR REDUCTION, WHILE TILL SOMETIME BACK, ONLY WOMEN OPTED FOR IT. THE MALE-FEMALE RATIO COMING IN FOR THIS TREATMENT IS A 50-50 NOW.'

— Dr Mohan Thomas,
Cosmetic surgeon



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METROSEXUAL MALE: Men want to look uber cool with hairless, attractive bodies