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Sounding off the fat

A radical new fat removal technology helped Bandra resident lose two litres of fat

By A Staff Reporter

Working professional Aashi Bhatia (47) underwent a unique fat removal process aided by the latest ultrasonic device, Lysonic on Wednesday, at the Cosmetic Surgery Institute, Bandra. The operation was helmed by Dr. Mohan Thomas, Senior Cosmetic Surgeon, Breach Candy hospital and Medical Director, Cosmetic Surgery Institute.

"I had a problem of a bulgy stomach. Although I had no health issues because of the excess fatty tissue, I wanted to undergo a surgery for aesthetic reasons. I am very regular with regards to exercising but the stomach area seemed to be stubborn with regards to fat loss," said Bhatia.

Bhatia got rid of two litres of fat from her body after undergoing the surgery that took an hour and fifteen minutes for completion.

Speaking about Lysonic, Dr. Thomas said, "This tech-



A patient undergoing fat removal operation.

from the body but also giving the desired shape to that part of the body. It gives you the ultimate results."

"It can be customised for each patient. It is safe, efficient and gives comfort to the patient and the surgeon. This technique is best suited for areas that are resistant to exercise and from where the fat doesn't go away despite

Lysonic uses a frequency of 22500 Hz which is designed to specifically attack the fat cells. This frequency is designed in a manner that it provides optimum energy to surgeons during the procedure that so that their exertion is reduced and is also safe to patients as it reduces the chances of



Dr. Mohan Thomas

But this procedure can benefit only a specific group of people whose Body Mass Index (BMI) is not more than 26.

"For overweight people there are lifestyle changes to be made and other options like bariatric surgery are available. But, if you are medically fit and fall in the appropriate BMI category, then you can go in for this