

GET A sexy, smooth

Summer is the ideal time to hit the shores and lo under the sun in a swimsuit. If wearing a bikini gives you the jitters, it's time to work on it. *New Woman* tells you how!

Before you pick your two-piece and hit the coast, check your bikini line. If it causes you embarrassment, then you need to do something about it. "Earlier,

women would be quite embarrassed to discuss epilating the hair near the bikini line. We started a bikini line service nearly 10 years ago, but it took time for women to come out and use the service," says Lee Singh of Glamour Beauty Salon in Surat.

WAX V/S SHAVE

There are various ways to get rid of pubic hair. Although a lot of women prefer to clean their private areas at home with razors or depilatory creams, it could be dangerous, if not done with care. "Removing the hair from the bikini area at home is possible with shaving blades but it puts you at risk of cuts. Waxing is a safe bet."

suggests Dr Mohan Thomas, Senior Cosmetic Surgeon, Beach Candy

Hospital. "Waxing removes the hair from its roots. If you shave or use a cream, you will just be able to remove the upper layer of the

THE BEACH STUFF

Before hitting the pool or beach to enjoy the sun, consider skin protection. Use a sunscreen at regular intervals. If you face skin irritation or sunburn, use a cream or lotion that cools the sensation and proves soothing. Wear a swimsuit that is light and comfortable. Always carry sunglasses, wear flip-flops and make sure you cover your hair!



BIKINI, MANGO



ANIMAL PRINT SHADEE,
CHARLES & KEITH

