

Woman's World



pg16-17 We hunt down some of the best bargains you can get on Colaba Causeway

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pg19 Find out five simple ways you can prolong your silky smooth blowdry



Afternoon Despatch & Courier

MUMBAI | THURSDAY, NOVEMBER 18, 2010

Blushing Brides

The most important thing for a bride is to look her best on her special day. **Rhea Dhanbhoora** gives you the lowdown on skin treatments that can help you look picture perfect on your wedding day



>> Specialised skin treatments to give you the perfect glow have become all the rage with to-be-brides

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Wedding season is just around the corner and it's time to buy the outfit, book the caterer and run around making sure the venue is right. With all that running around, you might actually be neglecting your skin, which is one of the most important parts of wedding planning. After all, you want to look your best on your wedding, which means glowing skin and the perfect smile.

Taking care of your skin at home may not be enough and you may need more. This is when salons and spas in the city come in and wave their magical wands over you with their wedding treatments, crafted specially for the bride.

Ahalya Naidu, who is getting married at the end of the month says, "I did have a lot of treatments done. Starting early is definitely better because it's hard when you leave it for the last minute."

Skin treatments should ideally start well in advance, so even if your wedding is a few months down the



EXFOLIATION IS A MUST FOR BRIDES-TO-BE

"Other than the norm of eight glasses of water a day and a balanced diet, I recommend the classic tradition and the only answer to glowing skin, EXFOLIATION!"

Ms. Geeta Morar - Founder and Owner of Sva Spa and Salon

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