

For all the women you are

SEPTEMBER 29, 2012 ₹50

# FEMINA

www.femina.in

## RAISE THE BAR

You're not  
safe, but your  
stalker is

The explosive  
charm of  
**Coorgi  
cuisine**

Parvati Poojari  
Miss India World 2012

**VANYA  
MISHRA**  
GETS READY TO  
UP THE PACE

What's on  
Ritu Dalmia's  
dream menu

MEET APARNA,  
A 17-YEAR-OLD  
SEX EDUCATOR

# Foodies

*with a  
plan*  
5 business ideas,  
cooked up by  
the food-obsessed



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