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**C**osmetic surgery, like all other medical specialties, is a continually evolving field. It is unique in the blend of art, science and technology. The techniques involved include a stunning array of traditional and new innovated methods.

**SURGICAL**

**Blepharoplasty surgery:** Eyelid surgery, or blepharoplasty, corrects droopy eyelids by removing excess skin, muscle and fat. Upper and lower eye lid can be corrected simultaneously to rejuvenate the eyes and protruding fat and excess skin can be addressed simultaneously by excision.

**Brow and forehead lifts:**

This technique raises eyebrows and reduces ridges and furrows on the forehead, thus creating a smoother, more youthful appearance. This procedure can be performed in conjunction with other surgeries.

Newer techniques perform forehead lifting through small incisions in the scalp by using an endoscope and specialised instruments. This accelerates the healing process.

**Face lift or rhytidectomy:**

It is designed to restore a more youthful appearance by removing major wrinkles and sagging skin. It involves tightening of the facial and neck muscles as well as the removal of any excess skin.



COSMETIC SURGERY

# Fresh new face

Stay in step with the spectacular advances in cosmetic surgery