



ASK THE EXPERT

Dr Mohan Thomas

Senior cosmetic surgeon and image enhancement guru

Cosmetic surgeon Dr Mohan Thomas is known to cater to celebrities as well as people from all walks of life. It is his vision and mission to provide advanced beauty and cosmetic surgery services to one and all in a safe manner.

Avoid duck lips after lip augmentation

I am getting engaged next month and want fuller, natural looking lips but don't want duck lips like certain celebrities. Which lip injection techniques gives natural looking lips?

— *Aarti Sharma*

The injection technique may be less important than the level of conservatism. I recommend that the product be injected in a graduated fashion over a period of



time. You can then be a part of the lip design and your level of comfort determines the end point. Many celebrities have overdone their lips because they have had a large amount injected into the body of the lip causing them to roll out, giving them the ducky look. Ultimately, it comes down to the product being used, and the skill of the injector.

Give uneven breasts a natural look

I have asymmetric breasts and would like to know what surgery you would advise. I am looking for a natural look that will even out my breasts...

— *Shazia Patel*

The best way to approach correcting breast asymmetry is to have realistic expectations as to what can be achieved. Sometimes, breast asymmetry is approached in a staged fashion. First you should decide which breast you like best and discuss with your plastic surgeon how you can best get your opposite breast to match. This may require an implant, reduction, lift or augmentation with lift. Because there are so many options, I would recommend scheduling a consultation with a certified plastic surgeon for an evaluation and to discuss your options.

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(*Procedures given are based on the expert's understanding of the said field)