

Breast reduction surgery in demand, say doctors

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MUMBAI: For Khar resident Roma Singh (name changed), 30, the size of her breasts had become a source of awkwardness and pain in the last few years.

"I have a petite frame. I felt that my breasts were disproportionate to my body," said Singh, who at 45kg and height of 5.2 feet had a 32 DD bra size. Singh was constantly dealing with shoulder and back pain when she chanced upon an article about large breasts leading to strain on one's shoulders and back. "I thought this might be the case with me," said the fashion designer.

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ABOUT THE PROCEDURE

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- Increased awareness about the surgical possibility for breast reduction, financial independence and greater awareness of their own bodies are few of the reasons

- for more women opting for such a procedure, said doctors
- An estimated all inclusive cost of the breast reduction procedure with 48-72 hours hospital stay after surgery would range between Rs75,000 - Rs2lakh depending on the hospital.

their own bodies are a few of the reasons for more women opting for such a procedure, said city doctors.

According to Dr Mohan Thomas, senior cosmetic surgeon, Breach Candy Hospital some women opt for breast reduction post pregnancy, which enlarges the breasts. Refinement in the surgery techniques, especially in limiting scars, has added to the appeal among young women.